



# PAROISSE STE-ANNE PARISH

241 SECOND STREET • PO BOX 160 • MATTAWA ON P0H 1V0  
"On unceded land of the Algonquin Nation".

## CONTACT

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**Pastor /Curé: Rev. Cyril Okebanama s.m.m.m.**

*Office Assistant:* Germaine Lafrenière  
*St Anne Cemetery superintendent / Cimetière Ste-Anne:* Rolly Ribout

**OFFICE: Tuesday & Wednesday 9am to 3pm**

**BUREAU: mardi et mercredi de 9h00 à 15h00**

MASS SCHEDULE: see below ↓



HORAIRE DES MESSES: voir ci-dessous ↓


## 33<sup>rd</sup> SUNDAY OF ORDINARY TIMES 33e DIMANCHE DU TEMPS ORDINAIRE

SUNDAY NOVEMBER 17, 2024 / LE 17 NOVEMBRE, 2024

### LITURGICAL SCHEDULE / CALENDRIER LITURGIQUE

November 18 to November 24, 2024 – le 18 novembre au 24 novembre, 2024

| Date  | Time/Heure                | Celebration/Fête   | Intentions                                      |
|---|---------------------------|--|---|
| <b>Monday/lundi</b><br>Nov. 18/18 novembre  | No mass<br>Pas de messe   | FERIAL/FÉRIE   | No mass/Pas de messe                            |
| <b>Tuesday/mardi</b><br>Nov. 19/19 novembre   | 10am<br>10h00             | FERIAL/FÉRIE   | † <b>Josef Puchowski</b><br>By Estate           |
| <b>Wednesday/mercredi</b><br>Nov. 20/20 novembre  | 11am<br>11h00             | FERIAL/FÉRIE   | † <b>SOULS IN PURGATORY</b>                     |
|   | 10am – 3pm                |  Rosary after mass/ le rosaire après la messe<br> <b>Adoration</b> |   |
| <b>Thursday/jeudi</b><br>Nov. 21/21 novembre  | 10am<br>10h00<br>▶▶▶      | The presentation of the Blessed Virgin Mary<br>Présentation de la Vierge Marie<br><b>@ Nursing Home Chapel</b><br><b>@ Chapelle de la maison de retraite</b>   | † <b>Missa Pro Populo</b>                       |
| <b>Friday/vendredi</b><br>Nov. 22/22 novembre   | 10 :00 am<br>10h00        | St Cecilia, virgin, martyr<br>Ste Cécile, vierge et martyre<br>† <b>Chaplet of Divine Mercy – after mass</b><br>† <b>Chapelet de la Miséricorde Divine – après la messe</b>  | † <b>Pierre &amp; Maria Minor</b><br>By Estate  |
| <b>Saturday/Samedi</b><br>Nov. 23/23 novembre   | No mass<br>Pas de messe   | FERIAL/FÉRIE   | No mass<br>Pas de messe                         |
| <b>Sunday/Dimanche</b><br>Nov. 24/24 novembre<br><b>Reader/lecteur</b><br><b>Angie Cotnam</b> | 10 :30am/10h30<br>English | <b>OUR LORD JESUS CHRIST, KING OF THE UNIVERSE</b><br><b>LE CHRIST, ROI DE L'UNIVERS</b>   | † <b>Jean Marc Ranger</b><br>By Germaine & Paul |

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|---|---|
| Last Sunday Church Attendance<br><i>Participation à l'église le dimanche dernier</i>  | 82  |
| Sunday Collection November 10, 2024 - (50 env. of 140) Thank you!<br><i>Dimanche le 10 novembre, 2024 - Merci!</i>  | \$1501.40   |
| Repairs & Maintenance Fund /Fonds de réparation et d'entretien:   | \$50.00   |
| Expenses of the week / Dépenses pour la semaine :   | \$  |
| ** If you wish to make a E-transfer donation our email address for the E-transfer is <a href="mailto:Stannemattawa@gmail.com">Stannemattawa@gmail.com</a><br>** Si vous souhaitez faire un don par transfert électronique, notre adresse e-mail pour le transfert électronique est <a href="mailto:Stannemattawa@gmail.com">Stannemattawa@gmail.com</a> |  |

† **Sacrament of Confessions -15 min. before mass - Father will be in the room at the left side of the church near the side entrance.**  
† **Sacrement des Confessions – 15 min. avant la messe - le prêtre sera dans la salle de réunion sur le côté gauche de l'église près de l'entrée latérale**



### **Father Cyril & Deacon Tim Note/ Note de Père Cyril et Diacre Tim**

A few years ago, a Japanese airliner crashed into a mountain, killing 520 people. Minutes before the airliner hit the mountain, the passengers were told the plane was doomed. Then the tragedy occurred. When rescuers reached the plane, one of the things they found in the debris was a pocket calendar that belonged to a Japanese businessman. Across the pages of the tiny calendar the man had scribbled several hasty notes as the final minutes ticked off. For example, one note read, "We're not going to make it . . . I'm sad!" A second note addressed to his family read, "To think that our dinner last night was the last time [we would be together]." And a final note addressed to his three children read, "Be good, work hard, and help your mother." These hurried notes are those of a man caught off guard. No somber music played for an hour or a day to prepare him for the bad news. It came suddenly, like a thief in the night. This is also the point of Jesus' remarks in today's gospel. None of us knows when the end of our life or humanity on earth will come. Therefore, we must be prepared always. This is the message that Jesus speaks to us in today's gospel. This is the message that Jesus wants us to reflect on when we pray. This is a message we cannot afford to ignore.

Il y a quelques années, un avion commercial japonais s'est écrasé sur une montagne, tuant 520 personnes. Quelques minutes avant que l'avion frappe la montagne, les passagers ont appris que l'avion était condamné. C'est alors que la tragédie s'est produite. Lorsque les sauveteurs ont atteint l'avion, ils ont trouvé dans les débris un calendrier de poche appartenant à un homme d'affaires japonais.

Sur les pages de ce petit calendrier, l'homme avait écrit plusieurs notes pressées au fur et à mesure que les dernières minutes s'écoulaient. Par exemple, une note disait : « Nous n'allons pas nous en sortir... Je suis triste ! Je suis triste ! Une deuxième note adressée à sa famille disait : « Dire que notre dîner d'hier soir était la dernière fois [que nous serions ensemble] ». Une dernière note adressée à ses trois enfants disait : « Soyez bons, travaillez fort et aidez votre mère ».

Ces notes précipitées sont celles d'un homme pris au dépourvu. Aucune musique sombre n'a joué pendant une heure ou un jour pour le préparer à la mauvaise nouvelle. Elle est arrivée soudainement, comme un voleur dans la nuit. C'est également le sens des remarques de Jésus dans l'évangile d'aujourd'hui. Aucun d'entre nous ne sait quand viendra la fin de sa vie ou de l'humanité sur terre. C'est pourquoi nous devons toujours être prêts. Tel est le message que Jésus nous adresse dans l'évangile d'aujourd'hui. C'est le message auquel Jésus veut que nous réfléchissions lorsque nous prions. C'est un message que nous ne pouvons pas nous permettre d'ignorer.

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## Some quotes on the importance of Eucharistic adoration

St. Peter Julian Eymard (1811 to 1868)



*Throughout his Priestly life he worked to promote devotion and adoration of the Blessed Sacrament. In 1856 he founded the "Congregation of the Blessed Sacrament" Religious Order devoted to adoration of the Most Blessed Sacrament.*

Here are some of his quotes about the importance of Eucharistic Adoration in our lives:

“Let us never forget that an age prospers or dwindles in proportion to its devotion to the Holy Eucharist. This is the measure of its spiritual life and its faith, of its charity and its virtue.”

“The Real Presence: Eymard Library” By St. Peter J. Eymard, Emmanuel Publications

- “The object of Eucharistic adoration is the divine person of our Lord Jesus Christ present in the most Blessed Sacrament. He is living there. He wants us to speak to him, and he will speak to us. Anybody may speak to our Lord. Is he not there for everybody? Does he not tell us, “Come you all to me”?”
- “The grace of (Eucharistic Adoration) is given to everybody. In order, however, to succeed in it and avoid routine or dryness of mind and heart, adorers must seek inspiration in the grace of their vocation, in the various mysteries of the life of our Lord and of the Blessed Virgin, or in the virtues of the saints.”
- “When your hour is particularly difficult, rejoice all the more; your love will be greater for its suffering more. It is a privileged hour that will count for two.”
- “Love cannot triumph unless it becomes the one passion of our life. Without such passion we may produce isolated acts of love; but our life is not really won over or consecrated to an ideal. Until we have a passionate love for our Lord in the Most Blessed Sacrament we shall accomplish nothing.”
- “Look upon the hour of adoration assigned to you as an hour in paradise. Go to your adoration as one would to heaven, to the divine banquet. You will then long for that hour and hail it with joy. Take delight in fostering a longing for it in your heart. Tell yourself, “In four hours, in two hours, in one hour, our Lord will give me an audience of grace and love. He has invited me; he is waiting for me; he is longing for me.”

## Servant of God Fr. John A. Hardon S.J.

- “I strongly recommend that each of us make a resolution – no matter how much the decision may cost us – to make a Holy hour...once a week.”
- “If we have the grace and our vocation in life permits it (we should make a Holy Hour) several times a week.”
- “It is impossible in human terms to exaggerate the importance of being in (Adoration) as often and for as long as our duties and state of life allow. I very seldom repeat what I say. Let me repeat this sentence. It is impossible in human language to exaggerate the importance of being in (Adoration) as often and for as long as our duties and state of life allow. That sentence is the talisman of the highest sanctity.”
- “We are given graces to overcome our fears and to accomplish great things at Adoration.”
- “The blessings we may expect are the blessings already proven by the lives of all the great saints who were devoted to the Holy Eucharist.”
- “Not only does our Lord in the Blessed Sacrament give us the courage to cope with our natural fears, He also gives us the ability to undertake great things for the sake of His name and the power to undergo great trials in our loyalty to His cause.”
- “During our Holy our souls are fed in two faculties of the spirit – the Mind and the Will. In the Mind we need light; in the Will we need strength.”
- “We should build the whole edifice of our spiritual life around Adoration. We should not hesitate to ask Him to work miracles, now, as He did in Palestine.”
- “For Jesus to ‘work miracles’ is available in our day on one condition. That we come to him in Adoration and confidently beg him to give us the graces that we so desperately need.”
- “Jesus asked, ‘Who touched me? I felt the power going out from Me.’ In the same way, because Christ is present on the earth in the Eucharist, He radiates grace. Grace emanates from Him – grace goes out from Him.”
- “There is no greater profession of faith possible for a human being to make here on earth than during prayer before the Holy Eucharist; so we ask, why should prayer before Christ in the Blessed Sacrament be so powerful in obtaining miracles of conversion– is because it is prayer rising from faith in the cardinal mystery of Christianity. ”
- “How do we grow in a deeper love of Jesus Christ in the Blessed Sacrament? By taking every opportunity of being in His Eucharistic Presence during the day and, shall I add, into the night. ”