



PAROISSE STE-ANNE PARISH

241 SECOND STREET • PO BOX 160 • MATTAWA ON P0H 1V0
"On unceded land of the Algonquin Nation".

CONTACT

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Website: stannemattawa.ca

Pastor /Curé: Rev. Cyril Okebanama s.m.m.m.

Office Assistant: Germaine Lafrenière
St Anne Cemetery superintendent / Cimetière Ste-Anne: Rolly Ribout

OFFICE: Tuesday & Wednesday 9am to 3pm

BUREAU: mardi et mercredi de 9h00 à 15h00

MASS SCHEDULE: see below ↓

HORAIRE DES MESSES: voir ci-dessous ↓

31st SUNDAY OF ORDINARY TIMES 31^e DIMANCHE DU TEMPS ORDINAIRE

SUNDAY NOVEMBER 3, 2024 / LE 3 NOVEMBRE, 2024

LITURGICAL SCHEDULE/ CALENDRIER LITURGIQUE

November 4 to November 10, 2024 – le 4 novembre au 10 novembre, 2024

Date	Time/Heure	Celebration/Fête	Intentions
Monday/lundi Nov. 4/4 novembre	No mass Pas de messe	St. Charles Borromeo, bishop St Charles Borromée, évêque	No mass Pas de messe
Tuesday/mardi Nov. 5/5 novembre	10am 10h00	FERIAL/FÉRIE	† Pierre & Maria Minor By Estate
Wednesday/mercredi Nov. 6/6 novembre	11am 11h00 10am – 3pm	FERIAL/FÉRIE ✠ Rosary after mass/ le rosaire après la messe ✠ Adoration	† Cecile Legault St. George By Mona & Samatha Dandy
Thursday/jeudi Nov. 7/7 novembre	10am 10h00 ▶▶▶	FERIAL/FÉRIE @ Nursing Home Chapel @ Chapelle de la maison de retraite	† Josef Puchowski By Estate
Friday/vendredi Nov. 8/8 novembre	10:00 am 10h00	FERIAL/FÉRIE ✠ Chaplet of Divine Mercy – after mass ✠ Chapelet de la Miséricorde Divine – après la messe	† Frank Puchowski By Estate
Saturday/Samedi Nov. 9/9 novembre	No mass Pas de messe	The dedication of the Lateran Basilica Dédicace de la Basilique du Latran	No mass Pas de messe
Sunday/Dimanche Nov. 10/10 novembre Reader/lecteur Zoe Forest-Cooter	10:30am/10h30 English	32 nd Sunday of Ordinary Times 32 ^e Dimanche du Temps Ordinaire	† Raymond & Jacqueline Lapierre par enfants et petit-enfants

Last Sunday Church Attendance Participation à l'église le dimanche dernier	101
Sunday Collection October 20, 2024 - (57 env. of 140) Thank you! Dimanche le 20 octobre, 2024 - Merci!	\$1617.00
Repairs & Maintenance Fund /Fonds de réparation et d'entretien:	\$140.00
Expenses of the week / Dépenses pour la semaine :	\$2123.18
** If you wish to make a E-transfer donation our email address for the E-transfer is Stannemattawa@gmail.com ** Si vous souhaitez faire un don par transfert électronique, notre adresse e-mail pour le transfert électronique est Stannemattawa@gmail.com	e-Transfer

✠ **Sacrament of Confessions -15 minutes before mass - the priest will be in the meeting room at the left side of the church near the side entrance.**

✠ **Sacrement des Confessions – 15 minutes avant la messe - le prêtre sera dans la salle de réunion sur le côté gauche de l'église près de l'entrée latérale**



Check out our new website at stannemattawa.ca Our office assistant at Corbeil Lorraine with her husband has created a beautiful website filled with all our church info. It is an ongoing progress. We will have the French version up soon.

Meeting notice: The pastoral council committee on Thursday, November 7 at 6:30pm

Avis de réunion : Le comité du conseil pastoral jeudi, le 7 novembre à 18h30



Father Cyril Note/ Note de Père Cyril

Dear friends in Christ, the gospel reminds us that to love God with all our hearts, and with all our understanding, and with all our strength, and to love our neighbors as ourselves is much more important than all whole burnt offerings and sacrifices. May we always remember that and may the love of God and our neighbors increase in action as we go about our works in the coming week. I wish you all a blessed week.

Chers amis en Christ, l'Évangile nous rappelle qu'aimer Dieu de tout notre cœur, de toute notre intelligence et de toute notre force, et aimer notre prochain comme nous-mêmes est bien plus important que tous les holocaustes et sacrifices. Puissions-nous toujours nous en souvenir et faire en sorte que l'amour de Dieu et de nos voisins se traduise par des actes concrets au cours de la semaine à venir. Je vous souhaite à tous une semaine bénie.



Some quotes on the importance of Eucharistic adoration

St. Mother Teresa of Calcutta (1910 – 1997)

Founder of the “Missionaries of Charity”, known for helping the poor throughout the world, Mother Teresa would not open a Missionary House for the Poor unless it had an Adoration Chapel in it. She emphasized Adoration and Prayer for her Nuns so they could bring Christ to the Poor. Here are some of her quotes about the importance of Eucharistic Adoration in our lives:

- “Every Holy Hour we make so pleases the Heart of Jesus that it will be recorded in Heaven and retold for all eternity.”
- “The time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth. Each moment that you spend with Jesus will deepen your union with Him and make your soul everlastingly more glorious and beautiful in Heaven and will help bring about everlasting peace on earth.”
- “Nowhere on earth are we more welcomed or loved than by Jesus in Eucharist.”
- “When you look at the crucifix, you understand how much Jesus loved you. When you look at the Sacred Host you understand how much Jesus loves you now. This is why we need Perpetual Eucharistic Adoration in every Parish throughout the entire World.”
- “What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in Holy Hours of prayer.”
- “On the Cross Jesus said ‘I thirst’. From the Blessed Sacrament Jesus continues to say to each of us ‘I thirst’. He thirsts for our personal love, our intimacy, our union with Him in the Blessed Sacrament.”
- “When the Sisters are exhausted, up to their eyes in work; when all seems to go awry, they spend an hour in prayer before the Blessed Sacrament. This practice has never failed to bear fruit: they experience peace and strength.”
- To be alone with Jesus in adoration and intimate union with Him is the Greatest Gift of Love – the tender love of Our Father in Heaven.”
- “Perpetual Eucharistic Adoration offers to our people the opportunity to join those in religious life to pray for the salvation of the world, souls everywhere and peace on earth. We cannot underestimate the power of prayer and the difference it will make in our world.”
- “Our hours of adoration will be special hours of reparation for sins, and intercession for the needs of the whole world, exposing the sin-sick and suffering humanity to the healing, sustaining and transforming rays of Jesus, radiating from the Eucharist.”
- “Perpetual adoration is the most beautiful thing you could ever think of doing. People are hungry for God.”
- “Imagine for a moment that we are living in Jesus’ time and He has invited us to visit with Him and spend some quiet time getting to know Him better. Being aware who He was, we would be humbled and honored by such an invitation. The good news is that Jesus is here with us TODAY – body, blood, soul and divinity – in the Holy Eucharist. Although Jesus comes to us under the appearance of bread and wine, His presence is as real to us NOW as He was flesh-and-blood-real to His disciples when he walked this earth. He can perform miracles, heal us, teach us, and love us. We can talk to Him and He can speak to us through His Word and through the Holy Spirit who lives in us through our baptism and confirmation.”
- “Jesus has made Himself the Bread of Life to give us life. Night and day, He is there. If you really want to grow in love, come back to the Eucharist, come back to that Adoration.”
 - “Our lives must be woven around the Eucharist...fix your eyes on Him who is the light; bring your hearts close to His Divine Heart; ask Him to grant you the grace of knowing Him, the love of loving Him, the courage to serve Him. Seek Him fervently.”

